

We Are Not Alone

Count: 48

Wall: 2

Level: Advanced

Choreographer: José Miguel Belloque Vane (NL) - June 2026

Music: You Are Not Alone (Soul) - J's Solace



Intro: 16 Counts, Start at approx 17 secs

SEC 1 Back Rock, Full Turn $\frac{1}{8}$ Sweep, Rock, $\frac{1}{2}$ Step $\frac{3}{4}$ Sweep, Step Hitch, Back, $\frac{1}{8}$ Side, $\frac{1}{8}$ Back, Back

- 1-2& Rock right back, recover weight on to left, turn $\frac{1}{2}$ left step right back
- 3 Turn $\frac{1}{2}$ left step left forward turn $\frac{1}{8}$ left sweeping right from back to front (10:30)
- 4& Rock right forward, recover weight on to left
- 5 Turn $\frac{1}{2}$ right step right forward turn $\frac{3}{4}$ right sweeping left from back to front (1:30)
- 6 Step left forward hitching right knee
- 7&8& Step right back, turn $\frac{1}{8}$ left step left to left, turn $\frac{1}{8}$ left step right back, step left back (10:30)

SEC 2 Back Rock, Full Turn, Rock, Moonwalk, Back Rock, Step, $\frac{1}{2}$ Pivot

- 1-2 Rock right back, recover weight on to left,
- &3 Turn $\frac{1}{2}$ left step right back, turn $\frac{1}{2}$ left step left forward (10:30)
- 4& Rock right forward, recover weight on to left
- 5 Touch right back transferring weight onto right sliding left towards right
- 6 Touch left back transferring weight onto left sliding right towards left
- 7& Rock right back, recover weight on to left
- 8& Step right forward, pivot $\frac{1}{2}$ left transferring weight onto left (4:30)

SEC 3 $\frac{3}{8}$ Side, Heel Bounce, Ball Point, Touch Side, Nightclub Basic, Side Rock, Cross, $\frac{1}{4}$ Back

- 1 Turn $\frac{3}{8}$ left step right to right (12:00)

Arms: Place right arm forward palm forward

- 2-3 Bounce right heel, bounce right heel
- &4& Step right beside left, point left to left, touch left to left
- 5-6& Step left to left, step right beside left, cross left over right
- 7& Rock right to right, recover weight on to left
- 8& Cross right over left, turn $\frac{1}{4}$ right step left back (3:00)

SEC 4 $\frac{3}{8}$ Rock, Back, $\frac{1}{8}$ Side Rock, $\frac{1}{8}$, Back, Back Rock, Full Turn, Brush, Step, Lock, $\frac{1}{8}$ Step Sweep

- 1-2& Turn $\frac{3}{8}$ right rock right forward, recover weight on to left, step right back (7:30)
- 3-4& Turn $\frac{1}{8}$ left rock left to left, recover weight on to right, turn $\frac{1}{8}$ left step left back (4:30)
- 5-6 Rock right back, recover weight on to left
- &7& Turn $\frac{1}{2}$ left step right back, turn $\frac{1}{2}$ left step left forward, brush right forward (4:30)
- 8& Step right forward, lock left behind right
- 1 Turn $\frac{1}{8}$ right step right forward sweeping left from back to front (6:00)

SEC 5 Weave Sweep, Behind, Side, Syncopated Cross Rocks

- 2&3 Cross left over right, step right to right, step left behind right sweeping right from front to back
- 4& Step right behind left, step left to left
- 5-6& Cross rock right over left, recover weight on to left, step right beside left
- 7-8& Cross rock left over right, recover weight on to right, step left beside right

SEC 6 $\frac{1}{4}$ Step Sweep, Weave Sweep, Behind, $\frac{1}{4}$ Step, Step, $\frac{1}{2}$ Pivot, Step, $\frac{1}{2}$ Pivot, Step, Together

- 1 Step right forward, turn $\frac{1}{4}$ right sweeping left from back to front (9:00)
- 2&3 Cross left over right, step right to right, step left behind right sweeping right from front to back
- 4& Step right behind left, turn $\frac{1}{4}$ left step left forward (6:00)
- 5& Step right forward, pivot $\frac{1}{2}$ left transferring weight onto left (12:00)

6& Step right forward, pivot ½ left transferring weight onto left (6:00)
7&8 Step right forward, step left beside right, raise both arms forward

Tag 1 At the end of Wall 4

Arms

1-2-3 Continue to raise you arms over 3 counts
4-5-6-7 Open arms to sides over 4 counts
8 Raise both arms forward

Tag 2 At the end of Wall 5

Arms, Step, Together, Hold

1-2-3-4 Lower arms into heart shape in front of chest over 4 counts
5-6-7-8 Step right forward, step left beside right

Arms: 5 Push both arms forward

6-7-8 Open arms to sides over 3 counts

Arms, Back, ½ Walk X4, Together

1-2 Push right arm to right over 2 counts
3-4 Push left arm to left over 2 counts
5-6-7 Step right back, turn ½ left step left forward, step right forward (12:00)

Arms: Cross arms over chest

8-1-2 Step left forward, step right forward, step left beside right
